

2/8/24 CMS PTO Minutes

Location: CMS Cafetorium, In Person

Board Members: Ashley B, Liz B., Madeline M., Io P., Jennifer T., Kelly T.

7:05PM Call to Order- Ashley B.

7:05PM Guest Speakers: Kaitlin Strong MD, Jason Lindner MD, Concord Hospital NH  
Dartmouth Family Medicine 3rd Year Residents

-Topic: Puberty

7:17PM -Q & A (see question notes below)

7:46PM-Joys and Celebrations

7:47PM Movie Night

-About \$245

-Gym worked well

-Some crowd control issues

-Had good turn out

-Next time- Designate walkways next time would help traffic inside gym and lamps

Jersey Mike's Fundraiser

-\$4100, CMS PTO received \$2050 (50%) and Principal's Fund received the other 50%

7:48PM January Minutes Approved Ashley second Jennifer, approved

7:50PM New Business

CMS Cares-1st Friday will have food pantry donation tables and info about each schools  
pantry with reps present

-Book Bingo 2/16, Donation box and sell snacks

3/8 Glow Dance

-Clara D.

-DJ and volunteers could wear sashes for volunteers

-5th grade bake sale

-Tape for floor, glow bracelets, materials

-Safety

4/6 & 4/7 You're Fired

-Coordinate with Wrap City?

May/June Block Party Coordinator(s) Needed

7:54PM Treasurer's Report

- Madeline M.
- Letter to staff to update the status of budget and let them know remaining funds
- Expenditure: \$1347.86
- Revenue: \$1050.43
- Popcorn, Movie Night, STEM, Nurse

Rock N Race

- Jennifer T.
- Largest Team Last Year
- Award
- Theme Supporting Heroes
- Last day to register 3/1 for \$25 Early Bird

School Social Worker Needs

- Stacey Lazard can use good conditions donations

7:58PM President's Wrap Up

2/15 Millbrook healthy eating event

Community Notes

8PM Concord School Board Update- Liz B. and Cara M.

- Middle School Working Groups Application closes Monday 2/12
- Community members can apply
- \$10,000 Bicycle Equipment for all ages that travels and teaches
- 10 New School Buses, electric buses were not feasible due to cost and lack of charging stations, 2 grant applications, will apply again
- Family Communication Survey, Teri Wolfe
- 2/22 Memorial Field Presentation of options for field
- Concord Community PTOs are getting together to

3/14 Next Meeting March-Virtual Guest Speaker?

8:10 PM Meeting Adjourned

Guest Speaker Q & A Notes

How do you talk about puberty?

-directly, simply, and factually as you would about less sensitive topics

What are some resources/books?

-NH Lending Library

How can you discuss with neurodivergent children?

-factually and straight forward

What period supplies are needed?

-pads, period underwear, small bag to keep in backpack

What kind of behaviors are expected?

-self conscious, desire to make own choices, could see some emotional volatility

How long does puberty typically take?

-typically 3-5 years

How to address a child who is feeling uncomfortable about puberty?

-ideally discuss before, keep trying, keep resources available

How can parents encourage good hygiene without shame?

-provide necessary self care items, reminders, involve child in decisions and choosing items

What kind of sleep patterns are expected?

-pre-teens need a lot more sleep than adults, limit distractions, ensure opportunities for rest, teenage brains do not fall asleep the same way as adult

Approved Mar 14, 2024

**January 2024 Treasurer's report Presented at the February 8, 2024 meeting**

\$15,916.96 Primary checking account starting balance on 1/1

\$15,627.80 Primary checking account ending balance on 1/31

CD balance 1/31 \$10,035.41

Total expenditures: \$1,347.86

Total revenue: \$1,058.43

Net for the month: (\$289.43)

Highlights for the month:

Movie night netted \$345.94 in revenue

**Expenses in January 2024**

<b>Amount</b>	<b>Budget category</b>	<b>Notes/comments</b>
\$632.84	Movie night	Pizza, water
\$128.91	Popcorn supplies	
\$109.50	Second Grade	
\$65.44	Third Grade	
\$391.69	Nurse's office	Spare clothing and underwear
\$19.48	STEM	
<b>Total: \$1,347.86</b>		

**Revenue in January 2024**

<b>Amount</b>	<b>Budget category</b>	<b>Notes/comments</b>
\$978.78	Movie night revenue	Pizza, popcorn sales
\$60.40	Box Tops	
\$19.25	Popcorn	
<b>Total: \$1,058.43</b>		

Respectfully submitted,  
Madeleine Mineau  
Treasurer