

CMS PTO Meeting Minutes

December 5, 2017

In attendance: Kelly Wing, Melissa West, Melissa Maheu, Liana Pennington, Katie Brissette, Nicole Fox, Liz MacBride, Aimee Valeras, Caitlin Sackman, Jessica Pollack, Bonnie LaRochelle, Mike Pelletier, Michelle R. Smith

I. Call to Order

- Meeting called to order at 6:04
- Approved minutes from October

II. Treasurer's Report – Hannah Murray

- Movie night made \$337.75, only \$12.25 less than our anticipated \$350, and attendance was higher in 2017 than 2016. We ran out of pizza and popcorn
- Popcorn raised \$121 last month
- Wreath sale raised approximately \$1300, which is \$1000 less than last year; reasons include St. John's school having early wreath orders and selling to St. Paul's community
 - ACTION ITEM: Next year sell kissing balls (or other greenery) AND wreaths and allow online orders with shipping direct from wreath company
- Book fair very successful, raised approximately \$1800
 - We took half earnings in Scholastic dollars (\$ will be used for spring book fair to pay for books for take-a-tote students; Grammy Robey fund used for this expense for this book fair)
 - Teachers and book fair volunteers report problem with "toys" near register distracting kids' interest in books
 - ACTION ITEM: Talk to Julie (book fair chair) about toy problem; suggestion made to eliminate toys for spring fair but keep them for November fair since they do bring in \$\$

III. Newsletter – Kelly Wing

- Caitlin volunteered to write the e-newsletter to be sent out next week
 - ACTION ITEM: Mention Artsonia orders send 20% back to CMS as a fundraiser to purchase new art supplies and technology for the arts program

IV. Fundraising Report – Jessica Pollack

- \$483.30 was collected for fall box tops; "Hannaford helps schools" money still being counted
- UNO's dough raiser raised \$325.77

V. Volunteer Report – Melissa West

- Liz MacBride has requested a volunteer to take pictures of student artwork for Artsonia website
 - ACTION ITEM: Send volunteer request in PTO e-newsletter
- Liz MacBride has requested parent volunteer coordinator(s) and PTO funding to bring the artist-in-residence program back
 - NH State Council for the Arts runs the "artist-in-residence" program
 - Artist residency provides students with direct, hands-on experiences with working artists
 - Liz guesses program would cost approximately \$3000; some programs are per child, some are per school/organization
 - ACTION ITEMS: Determine if PTO can afford to fund the program; find volunteer(s)
- Movie night was Friday, November 17 at 6:30PM
 - Movie choice was "Sing"
 - ACTION ITEM: Next time choose a movie not involving singing/dancing as it incites kids to dance in front of movie and distracts from others trying to watch
 - Parent comments included that kids got too crazy especially toward the end of movie
 - ACTION ITEM: Next year set expectations before the movie so kids know how to behave

VI. T-Shirts – Kelly Wing

- T-shirt order was postponed because of too much going on in the fall; will order in the winter/spring

VII. Nutrition and Health Choices for Elementary Age Children – Michelle R. Smith, MS, RD, LD, Nutrition Counselor and Wellness Educator at Concord Hospital Center for Health Promotion

- Concord Hospital Center for Health Promotion wants to be a nutrition/health resource for Concord families
- Concord School District administrators and teachers responses in a recent survey indicated that students need better nutrition and more physical activity
 - Concord School Wellness Committee was formed and has over \$1800 in grant money
 - Wellness Committee’s ideas to encourage better nutrition and more activity include a “food play” theater program and tracking tools such as bracelets to help kids remember to eat well/exercise
- CMS is also encouraged to participate in the Capital Area Wellness Coalition “Track your 5210” program
 - 5210 is a nationally recognized childhood obesity prevention program.
 - Encourages eating 5 or more fruits and vegetables, 2 hours or less of recreational screen time, 1 hour of physical activity and 0 sugar sweetened beverages
 - ACTION ITEM: Coalition is looking for schools and specific kids/families to be “5210” champions; reach out to Michelle with more information